



Foodtown *Where Exceptional Meets Affordable™*

# OCTOBER



# RECIPE CHALLENGE!

SUBMIT YOUR HEALTHY RECIPE BY  
**DECEMBER 9TH**

is

NATIONAL  
**FARM to**  
SCHOOL  
MONTH



In celebration of **National Farm to School Month** this October, students are invited to create and submit a lunch recipe featuring at least 3 locally grown, New Jersey fresh, fruits and/or vegetables! One winner will be selected from each school to have their recipe featured as the "Recipe of the Month" on the Nicholas Markets School Lunch Website!

**\*\*Group work is NOT permitted\*\***

❖ **GRAND PRIZE!** ❖

The grand prize winner will receive a week of free lunch compliments of Nicholas Markets AND have their lunch recipe featured on the January 2020 school lunch menu!

**\*\*Certain restrictions will apply\*\***

